

Live It Out—Discover how to love like Jesus



DAY 1

Read Philippians 2:4

Have you ever had to walk across an ice-covered parking lot? Were you careful to watch your steps, paying close attention so you wouldn't fall?

God wants us to pay close attention to something too, but it's not our feet! God wants us to look out for the good of others, to see how we can help, and show others they are important by putting them first. It means taking the focus off of ourselves and what we want, so we can see the needs of others and honor them.



I Can See Clearly Now

Grab some pipe cleaners, wiki sticks, or straws, and tape. Bend your supply of choice to create a pair of glasses that fit around your ears. Put them on your face and read today's verse out loud. Then ask God to help you notice the people around you, so you can be a good friend by putting others first.

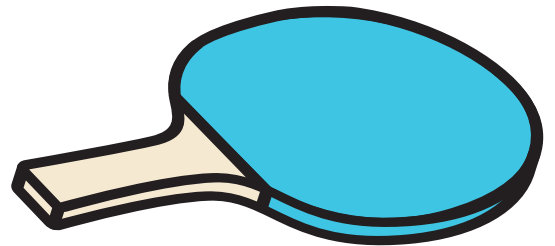
DAY 2

Read Galatians 6:2

One way we can live like Jesus is by choosing to care for our friends. Sometimes, our friends really need our encouragement. And one big way we can encourage our friends is by "carrying one another's heavy loads."

That doesn't mean you actually carry something around. It means that you think about them and pray for them. You can ask, "How are you feeling today?" and then listen to their answer. Or you might just sit with them and say, "I'm so sorry." You don't have to fix the problem. You just need to remind them that you are there to listen and to offer a hug. Because friends who live like Jesus care for one another.

Can you think of a friend who is sad? What is ONE thing you can do this week to show that friend that you want to help carry their heavy load?





DAY 3

Read I Thessalonians 5:11

Good friends are good encouragers. To encourage means to cheer someone up or urge them on with confidence. There are LOTS of ways you can encourage or build someone up with your words and your actions. Being an encourager is one big way to care for others and live like Jesus.



Jenga Of Encouragment

Grab a set of Jenga® blocks.* Write the words of today's verse on some of the blocks and stack them up for play. Grab a friend and play the game. Remember, the goal of the game is to try NOT to knock the structure down. As you play, say some of the phrases below (or others that you come up with on your own) to encourage your friend.

"You've got this!"

"Way to go!"

"You can do it!"

"You are so awesome at this!"

"Wow! That was amazing!"

"Great job!"

*If you don't have any Jenga® blocks, you can also grab some plastic cups and try to build a pyramid tower as high as you can before it falls.



DAY 4

Read Proverbs 3:27

Can you think of a time this week when someone helped you? What did they do? Were you surprised they stepped in to help? How did it make you feel?

Today's verse reminds us not to hold back when we can help. Living like Jesus and caring for others requires us to look for needs and then figure out a way we can help. The word 'good' in this verse isn't just about being nice or kind. The meaning here for 'good' is focused on meeting someone's needs in a real way.



Real Ways To Help

Read the list of 'needs' below. Next to each one, write down one way you could help.

Your friend can't find her favorite pencil. She's sure she had it on her desk.

Your friend drops her bookbag and all her papers go flying!

Your friend is stressed about a test.

Care for one another.

